USU Professor Nationally Recognized for Extensive Work in Diabetes

USU-Salt Lake

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In 2018, only 12 individuals qualified nationally, including USU-Salt Lake’s Lacie Peterson, to be named AADE Fellows.

The American Association of Diabetes Educators (AADE) named Lacie Peterson, a Utah State University (USU) clinical assistant professor, a Fellow for her “outstanding contributions to diabetes education through clinical practice, research, education, and health policy.” In 2018, only 12 individuals qualified nationally, including Peterson, to be named AADE Fellows.

“I’m honored for this recognition and hope this mile marker in my career will aid me in my pursuit to better my community through diabetes education,” said Peterson. “I want to help those with diabetes lead healthy and fulfilling lives, and this enables me to continue my pursuit.”

AADE is a multi-disciplinary organization whose mission is to empower diabetes educators to expand the horizons of innovative education, management, and support. There are more than 14,000 members including nurses, dietitians, pharmacists, and more. To be selected as an AADE Fellow, individuals have to be a member of AADE for at least five years, have ten years of experience as an educator, clinician, or researcher, among other criteria.

“We are very fortunate to have Lacie as part of our Aggie family at USU-Salt Lake,” said David Vernon, USU-Salt Lake’s executive director. “This recent accomplishment is a reflection of her constant effort to make progress in the field of diabetes, to help the local community through her clinical work, and in preparing her students for future careers in dietetics.”

Becoming an AADE Fellow will help Peterson develop into a leader in the field of diabetes. She is a registered dietitian nutritionist and continues clinical work at Internal Medicine at St. Marks. Peterson is helping those with diabetes not only through her clinical work, but also by providing instruction and mentorship to her students who are working toward careers in dietetics and diabetes.

A Southern California native, Peterson moved to Salt Lake for school and is in the second year of her doctorate in Nutrition and Integrated Physiology. She is a faculty member in USU’s dietetic internship program and based in USU-Salt Lake, teaching clinical nutrition, community nutrition, and food service management.

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1. Statewide Campuses Home
2. News
3. 2018